

# Best Cases in Biological Medicine

## Series #3



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*Biological medicine works. The purpose of this series is to present illustrative cases from different practitioners in order to demonstrate the highly effective principles and practice of Biologic Medicine. If you have cases which have teaching value for others using Biological Medicine in practice, please email them in Word format to Dr. David I. Minkoff M.D. at [drminkoff@bodyhealth.com](mailto:drminkoff@bodyhealth.com). They will be presented each month as part of the Best Cases in Biological Medicine series.*

One of the important principles of Biological Medicine is that autonomic function and regulation can be blocked by a “focus.”

A focus is a localized area causing an autonomic disturbance, which creates symptoms at a remote point.

The case from last month of a root canal causing chronic back pain is an excellent example. One of the main causes of foci in the body is scars. Here are a few of our cases where treating the scars, corrected the focus, and made a dramatic change in the patient’s condition.

### Case History #1

B.R. is a 63 year old female who presented to LWWC with chronic diarrhea of two years duration. Her symptoms had started after she was treated for colon cancer with 8 inches of her transverse colon resected. She had tolerated the procedure well except for the intractable diarrhea that followed.

She had as many as 20 movements a day. This caused her to be pretty much housebound. Multiple GI specialists had seen her without relief and workups had been negative. She was diagnosed with atypical short bowel syndrome. On exam she was a cheerful female in NAD. Exam was negative except for an 8 inch horizontal trans-abdominal scar from her prior surgery.

On autonomic reflex testing, she had switched regulation.

We treated her abdominal scar with procaine, Traumeel and Pleo Nig. She had a very difficult time with the injections due to pain.

I was not sure whether I would ever see her again. She called me a week later and when she said she had something serious to talk to me about, I got a little uneasy, thinking she was still upset with me.

She said, “I left there thinking that what I went through was barbaric and was not happy about it. But I was wrong. You’ve helped me. My diarrhea is gone. I am only going a couple of times a day. The stools are mostly formed and I can leave my house! Thank you.”

“Really?”

“Yes. Truly. It’s a miracle.”

Her symptoms recurred about six months later and we treated her scar again, and then once more a year after that. She has done well ever since.

### Case History #2

N.D. is a 50 year old female. When I first saw her I tried to put my hand over her umbilicus during my first routine exam and she pushed it away saying, “no one, not even my husband touches that part of my body.”

“How long has this been true for you?”

“For as long as I can remember.”

“Want it fixed?”

“Impossible.”

“Willing to try?”

“Doing what?”

“Shots!”

“Where?”

“In your belly button!”

“No!”

Two weeks later, after much consideration, she came in and we injected her umbilical scar. That ended 50 years of umbilical hypersensitivity.

**Case History #3**

G.N. is a 20 year old newly wed. Her mother, a long time patient of ours, had sent her in to see if we would help her with an area of cutaneous hypersensitivity on her lower back. G.N had been diagnosed with ALL (acute lymphocytic leukemia) at age 6 years and had undergone intensive chemotherapy. She had undergone multiple lumbar punctures as a part of her CNS chemo. Using muscle testing, we were able to locate a very sensitive area over the midline of her L2-3 lumbar area. The "scar" created by multiple lumbar punctures, fourteen years before, was treated and she has been symptom free for four years.

**Case History #4**

46 year old female. CC: "I have hypertension, I'm fat, and I hate Florida because I can't sweat."

"How long have you had these symptoms?"

"Since I have moved to Florida."

"When was that?"

"14 years ago."

"What happened just before that?"

"I had my second child."

"What was the method of delivery?"

"C Section."

Bingo!!!

We treated all her scars. Chin, forehead, knee and C Section.

For her the mix was procaine, Traumeel, and Pleo Muc. (We muscle test which will work best.)

When she got off the table after I had finished, her hair was wet with sweat and the table was drenched.

I said to her, "for someone who doesn't sweat look at you!"

She said, "I know, first time in 14 years!"

Her autonomic nervous system had turned on. The foci were no longer active.

In the following month her blood pressure went to normal and she went off her medications. She lost 20 pounds with no change in diet, and over the ensuing 6 months regained her size 3 (the size she was prior to pregnancy) from the size 12 she was now. And she continued to perspire when she became warm.

For some reason, we have had to retreat her about every 6-8 months. She will come in saying, "it's not working again. I can tell its right here" and she will point to the right side of the C Section scar.

On the muscle test she is always right. We will retreat her and she'll disappear until it comes up again. This has occurred about 4-5 times in the last four years.

These four cases may be old hat miracles to those of you doing neural therapy for scars. But for those who are not yet believers of this therapy, you are depriving your patients of some potentially life changing benefits. We always treat scars as one of the first priorities on a new patient. We use 1% preservative free procaine with whatever muscle tests the strongest. Is it usually Traumeel with a Sanum remedy. The procedure is easy, very safe, and oh my gosh, you can become such a hero from doing it.

Please send me your good Biological Medicine cases. I would love to share them with others. 🌸