

Best Cases In Biological Medicine

Series #5

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Biological medicine works. The purpose of this series is to present illustrative cases from different practitioners in order to demonstrate the highly effective principles and practice of Biologic Medicine. If you have cases which have teaching value for others using Biological Medicine in practice, please email them in Word format to Dr. David I. Minkoff M.D. at drminkoff@bodyhealth.com. They will be presented each month as part of the Best Cases in Biological Medicine series.

This month's case comes from Dr. David Jernigan B.S. D.C. Dr Jernigan has done advanced studies in natural and anthroposophical medicine in Germany and Biological Medicine with the world renowned Paracelsus Clinic in Switzerland. Dr. Jernigan's new book,

Beating Lyme Disease, Using Alternative Medicine and God-Designed Living is an excellent compilation of Biological Medicine principles and practice applied to Lyme Disease. For more information contact Dr. Jernigan at www.jnutra.com.

Mr. M. is a 68 year old man suffering from intermittent episodes of irregular heart beat. Although he took fistfuls of vitamins for years and prescription medicine for the condition, nothing was working. During the Bio-Resonance Scanning portion of his physical, the testing showed that the primary cause of his heart arrhythmia was heavy metals coming from his mouth. He laughed, thinking that he would show this form of testing to be bogus, stating that he wore dentures top and bottom with no metal!

As it turns out, his dentures were hardened and colored with various metals. I had Mr. M. take out his dentures, which I set aside. I think checked his heart rhythm ... it was perfect!

Knowing his wife would never believe it, I called her to the room and placed a blood pressure cuff on Mr. M so that she could watch the needle on the cuff jump crazily when his dentures were in his mouth. Then I had him take out the dentures again. Upon inflating the pressure cuff again, the needle reflected the perfect rhythmical beating of his heart!

I can tell you, dentures affecting the heart are not listed in medical pathology textbooks, nor had I ever heard of it before.

I then recommended that Mr. M. get a new set of dentures, ones specifically made without any metals. He smiled and said, "These are not expensive dentures, but they are the first ones that feel good. I'll just wear them when I eat, and for social occasions."

That may sound good enough to some, but I informed him that it was unacceptable. Every organ circuit in the body has its time of highest energy. Each organ has two hours in every 24 hours during which it get the most energy to heal. The heart's time is between 11 a.m. and 1 p.m., lunch time. Mr. M would be putting his dentures back in at lunch time, the time of highest stress on that organ, and interestingly the time, according to some, when most heart attacks occurs.

No matter what I said, he insisted on keeping his dentures. He continued to not experience arrhythmia when he didn't have the dentures in, however he would put them in to eat. Sadly, Mr. M. died of a heart attack at 12:30 p.m. a few months later, which was just a few weeks after he passed an EKG test with flying colors without his dentures in his mouth.

Here are Dr. Jernigan's comments:

"The true skill of the doctor of Biological Medicine can be seen in his understanding of the interconnectedness of every tissue of the body.

The majority of doctors are trained to treat based upon the numbers on the lab test, and have only basic training in reacting to symptoms with symptomatic treatments. For example, a conventional doctor will address frequency and burning urination with an antibiotic, an inflamed joint with an anti-inflammatory, or treat a skin rash with cortisone cream or antihistamines. This is not determining cause and effect; it is effect and anti-effect medicine.

The doctor trained in Biological Medicine has learned to "read" the signs and decipher the clues the body is revealing to form a working set of functional diagnostic conclusions. If the point is to facilitate the body's ability to heal itself, instead of simply providing medicines that will counteract the symptoms, then the doctor must learn how to determine where the primary problem is to be found. The doctor's job then becomes one where he works to remove whatever is interfering the body's ability heal itself, and to provide the information and building blocks the body needs for optimal function." 🌸

Thank you Dr. Jernigan!

Please send me your illustrative Biological Medicine cases. I would love to share them with others. — D. Minkoff